



Haywood Doe Consulting Co. LLC - DBA: Vicki Doe Fitness

## “Step by Step to a Better You”

Haywood Doe Consulting Co. LLC  
2 South Main St. 7th Floor  
Niles, OH 44446

[www.vickidoefitness.com](http://www.vickidoefitness.com)

A 2-Day Event  
October 5-6, 2018



# Healthy Heart Healthy Living

A Vicki Doe Fitness®  
HEALTH & WELLNESS 2ND ANNUAL EVENT

### Featured Guest Speaker



### Dr. Kellie Kirksey PhD

*Holistic Psychotherapist and Wellness  
Consultant, The Center for Integrative  
Medicine at the Cleveland Clinic*

**Life.  
Longevity.  
Happiness.**

Kicking down  
the perceived  
barriers to  
ultimate  
wellness

REGISTRATION  
FORM INSIDE

## FEATURED GUESTS

### KICKOFF BEGINS FRIDAY 6:00 pm – 8:30 pm

With an evening of Jazz, Healing & the Arts  
Featuring:  
LIVE painting with Lora Lewis  
And the renowned spoken word poet - Damien McClendon

### SATURDAY MAIN EVENT 7:30 am – 2:30 pm

#### Location

Squaw Creek-Avalon Golf and Country Club  
761 Youngstown Kingsville Rd. SE,  
Vienna, Ohio 44473

#### Featuring

Guest Speaker:  
Dr. Kellie Kirksey PhD  
*Holistic Psychotherapist and  
Wellness Consultant  
The Center for Integrative  
Medicine at the Cleveland Clinic*

MC: Rev. Lewis Macklin

- Jazz
- Healing & the Arts
- Breakout Sessions
- Rise and Shine Exercise
- Healthy Luncheon

\*Pre-paid tickets ONLY

\*No ticket sales at the door



**Dr. Kellie Kirksey PhD**

*Holistic Psychotherapist and Wellness  
Consultant, The Center for Integrative  
Medicine at the Cleveland Clinic*



**Damien McClendon**

*Renowned Spoken Word Artist*



**Lora Lewis**

*Live Painting Artist*



**Live Jazz Music**

## REGISTRATION FORM

Name \_\_\_\_\_

Address \_\_\_\_\_

City, State \_\_\_\_\_

Zip Code \_\_\_\_\_ Phone \_\_\_\_\_

Email \_\_\_\_\_

#### FRIDAY ONLY

**October 5, 2018** Quantity \_\_\_\_\_

- Admission \$27.00 (including sales tax)  
*Includes Jazz Mixer, Healing & the Arts Event*

#### SATURDAY ONLY

**October 6, 2018** Quantity \_\_\_\_\_

- Admission \$37.00 (including sales tax)  
*Includes Main Event and Healthy Luncheon*

#### FRIDAY AND SATURDAY

**October 5 & 6, 2018** Quantity \_\_\_\_\_

- Admission \$52.00 (including sales tax)  
*Includes both the Jazz, Healing & the Arts Event and  
next day Main Event and Healthy Luncheon*

**Total Enclosed: \$** \_\_\_\_\_  
*(Checks payable to Haywood Doe Consulting Co. LLC.)  
\*\$40.00 fee for all returned checks*

\*Tear and send

\*Online registration available at <http://www.vickidofitness.com/events/>

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**RSVP FOR SEATING TODAY**