



**VICKI DOE**  
FITNESS

**\*Register NOW online for Early Bird Prices!**  
**BEFORE AUGUST 16, 2019**  
[www.vickidoefitness.com/eventsc](http://www.vickidoefitness.com/eventsc)

Haywood Doe Consulting Co. LLC - DBA: Vicki Doe Fitness

**“Step by Step  
to a Better You”**

Haywood Doe Consulting Co. LLC  
2 South Main St. 7th Floor  
Niles, OH 44446

[www.vickidoefitness.com](http://www.vickidoefitness.com)



**VICKI DOE**  
FITNESS

# Healthy Heart Healthy Living

3RD ANNUAL HEALTH & WELLNESS  
2-DAY EVENT

**Featured Guest  
Speaker**



**Mark C. Perna**

*Founder, CEO, renowned speaker,  
and best-selling Author of  
“Answering Why”*

**OCTOBER**  
**4&5**

**Knowledge.  
Power.  
Change.**

Quality education:  
the foundation for  
equity and  
well-being

REGISTRATION  
FORM INSIDE

**KICKOFF BEGINS FRIDAY**  
6:00 pm – 9:00 pm

With an evening of Jazz,  
Healing & the Arts

**Featuring:**

LIVE- Jazz Music from  
**Jeff Green & the Player's Express**  
*Dance, Dance, Mindful Movement*  
*with the renowned Professional*  
*Dance & Theatre Specialist*  
**Wayne M. Smith**

**SATURDAY MAIN EVENT**  
7:30 am – 2:30 pm

**Location**

Doubletree By Hilton  
44 East Federal Plaza  
Downtown, Youngstown, OH

**Featuring**

Keynote Speaker  
**Mark C. Perna**  
*Founder, CEO, renowned speaker,*  
*and best- selling Author of*  
*"Answering Why"*

MC: Rev. Lewis Macklin

- Book Signing
- Healing & the Arts
- Panel Discussions
- Rise and Shine Health Spa
- Mindful Movement Practice
- Healthy Luncheon

*\*Pre-paid tickets ONLY*  
*\*No ticket sales at the door*  
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**BEFORE AUGUST 16, 2019**

**FEATURED GUESTS**



**Mark C. Perna**

*Founder, CEO, renowned speaker,*  
*and best- selling Author of*  
*"Answering Why"*



**Wayne M. Smith**

*Renowned Professional Dance*  
*& Theatre Specialist*



**Book Signing**

*"Answering Why"*



**Live Jazz Music**

**REGISTRATION FORM**

Name \_\_\_\_\_

Address \_\_\_\_\_

City, State \_\_\_\_\_

Zip Code \_\_\_\_\_ Phone \_\_\_\_\_

Email \_\_\_\_\_

**FRIDAY ONLY**

**October 4, 2019**      Quantity \_\_\_\_\_

Admission \$37.00 (including sales tax)  
*Includes Jazz Mixer, Healing & the Arts Event*

**SATURDAY ONLY**

**October 5, 2019**      Quantity \_\_\_\_\_

Admission \$47.00 (including sales tax)  
*Includes Main Event and Healthy Luncheon*

**FRIDAY AND SATURDAY**

**October 4 & 5, 2019**      Quantity \_\_\_\_\_

Admission \$63.00 (including sales tax)  
*Includes both the Jazz, Healing & the Arts Event*

**GROUP SALES-BOTH FRIDAY AND SATURDAY**

Admission \$423.00 (including sales tax)  
*Includes both the Jazz, Healing & the Arts Event and table of 8*

**Total Enclosed: \$** \_\_\_\_\_  
*(Checks payable to Haywood Doe Consulting Co. LLC.)*  
*\*\$40.00 fee for all returned checks • No Refunds*

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*\*Online registration available at <http://www.vickidoeofitness.com/events/>*

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**RSVP FOR SEATING TODAY**

\*Tear and send